

# 2018 Report of Outcomes

## SKIN SCREENING

7/9/2018

The community was invited to a free skin cancer screening led by Dr. Vincent Reid, to detect abnormalities that may require further medical intervention.

- ✓ 48 individuals were screened at this event.
- ✓ 13 individuals had suspicious findings that required follow up. They were offered follow-up with their primary care provider or scheduled to see Dr. Reid with surgical oncology.



## LUNG CANCER SCREENING

A simple, safe screening and education for long-term, heavy smokers aged 55 to 77. A patient must also be asymptomatic (no signs or symptoms of lung cancer; have a tobacco smoking history of at least 30 pack-years (one pack-year = smoking one pack per day for one year; one pack = 20 cigarettes); and be a current smoker or one who has quit smoking in the last 15 years.

- ✓ Low-dose CT chest screening exam
- ✓ Lung cancer risk assessment
- ✓ Tobacco cessation, education and healthy lifestyle modification provided by a Mayo-trained Certified Tobacco Treatment Specialist.
- ✓ 362 individuals were screened in 2018.
- ✓ 4 of these individuals were diagnosed with lung cancer.



## PROM "YOUR SKIN IS IN" SKIN CANCER PREVENTION EVENT

1/28/2018

This event is geared toward educating teenagers on the dangers of indoor tanning and preventing skin cancer. They received expert tips on hair, makeup and sunless tanning, were invited to visit the vendor fair and view the fashion show. A melanoma survivor shared her story about tanning and learned more about skin cancer education from Dr. Vincent Reid.

- ✓ 148 individuals attended this event.
- ✓ Attendees were all encouraged to sign "No Tan" pledge agreeing they would not use an indoor tanning bed.
- ✓ 61 Derma Scans were completed.
- ✓ The next cancer prevention program is scheduled for January of 2019.



## SMOKING CESSATION

Mercy can help you take your last first step toward quitting smoking for good. This four-week course will provide you with a comprehensive plan and experts to guide you through a custom program that fits your needs.

Educational sessions will provide information and support necessary to help you quit and stay quit. Individuals identify a "quit date" and learn about various strategies found helpful and effective in remaining tobacco-free.

- ✓ 76 have been enrolled in smoking cessation classes.



## HALL-PERRINE CANCER CENTER

